



## STEP-BY-STEP GUIDE TO USING YOUR TODDLER FOOT GAUGE

**Clarks**

We know how wiggly little toes can be, but with a couple of practice runs you'll soon get the hang of using your Toddler Foot Gauge at home.



### **Before you start, just check a couple of small things:**

You have your Toddler Foot Gauge ready.

Your child is wearing socks or tights that are well-fitting and not creased.

You have something ready to take a note of the measurements.

Your child will need to sit as still as possible - either safely by themselves on a firm chair, with their knees bent, or on a helper's knee, with their legs dangling.



### **MEASURE THE LENGTH STEP 1**

Kneel in front of them.

Hold the measuring gauge in your left hand, with the toe slide end facing you.

Rest your child's foot in the gauge, with their heel in the heel rest.

Gently hold their foot in place with your left thumb and make sure it's straight.



### **MEASURE THE LENGTH STEP 02**

Keep the gauge parallel to the floor and try to keep knees and ankles at right angles.

Gently hold their toes flat.

Move the toe slide until it just touches the tip of their longest toe.



### MEASURE THE LENGTH STEP 03

Make a note of the length measurement, as indicated by the number in the circular window.

If the window doesn't line up precisely with a number, use the black lines on the side of the scale for an exact reading.



### MEASURE THE LENGTH STEP 04

In this example, the measurement is **116**.

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### MEASURE THE WIDTH STEP 01

If the toe slide is touching the tip of the longest toe, the width tape will be lined up at the correct part of the foot.

Pull the tape until it just rests on the foot.

Try not to pull the tape tight, as this will result in a narrow measurement.



### MEASURE THE WIDTH STEP 02

Hold the tape end out, parallel to the floor, and make sure you don't twist the gauge.

Take a note of the width measurement at the point indicated by the three black arrows.



### MEASURE THE WIDTH **STEP 03**

In this example, the measurement is **95**.

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Repeat all these steps for the other foot.

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### NEXT STEPS

To turn your measurements into a Clarks size, search 'Size Calculator' on [Clarks.co.uk](https://www.clarks.co.uk).

If you're in any doubt at all about the measurements you've taken, just pop into one of our stores where one of our expertly trained fitters will be happy to help.